

## *Promoting healthy food choices for Alaskans!*

### **Eat Smart Alaska (ESA) Minutes**

Minutes for November 18, 2009



[www.takeheart.alaska.gov](http://www.takeheart.alaska.gov)

Present: Pam Sloper, Georgie Davis-Gastelum, Leslie Shallcross, Janelle Gomez, Gail Stolz, Sarah McConnell, Anne Bridges, Diane Peck

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#### **MINUTES**

1.	The Alaska Division of Public Health applied for two American Recovery and Reinvestment Act (ARRA) obesity prevention grants. Diane discussed the non-competitive state grant that will be used to forward the new state PE recommendations and develop a new food policy council. Gail discussed the community grant, which the state applied for on behalf of Anchorage and Wrangell. Both cities proposed a wide variety of policy and environmental change strategies to reduce obesity in their communities. This is a highly competitive grant with notice of award expected in February 2010.
2.	Discussed need to develop activities for traditional foods strategies. Sarah discussed need for more Alaska Native representation and more researchers. Funding is needed for developing materials. Sarah also mentioned Tanana Chiefs Conference is meeting in March; perhaps a presentation could be made (her students could help).
3.	<b>Member Updates:</b> Sarah - Kibby Kante, RD on Pine Ridge Reservation, is speaking to her class. Others can teleconference in. Her office officially submitted request for Rural Nutrition Occupational Endorsement. Leslie – expanding community gardens at Cooperative Extension, new project to help kids understand where food comes from. Has ideas for indigenous food materials, but no funding yet.
4.	<b>Upcoming Meetings by Teleconference</b> <ul style="list-style-type: none"><li>• <b>Eat Smart AK</b> - Wednesday, December 16<sup>th</sup> @ 2:00</li><li>• <b>Healthy Lifestyles</b> - Tuesday, January 19<sup>th</sup> @ 2:00</li><li>• <b>Eat Smart AK</b> - Wednesday, February 17<sup>th</sup> @ 2:00</li></ul>